



**ICRA Cruiser Nationals
WIORA West Coast Championships
organised by the Irish Cruiser Racing Association (ICRA)
in association with
West of Ireland Offshore Racing Association (WIORA)
and Tralee Bay Sailing Club**

Sailing Instructions

Principal Race Officer: Alan Crosbie (IRO)
Race Officers: David Lovegrove (IRO)
and Peter Moore (RRO)

SECTION 1 - GENERAL

1.1 Rules and Eligibility

The Event is governed by the Racing Rules of Sailing (RRS) of the International Sailing Federation (ISAF), the prescriptions of the Irish Sailing Association (ISA), the IRC Rating Rule parts A-C, the ISA ECHO Performance Handicap System, the Constitution and rules of ICRA, class association rules where applicable, the Notice of Race and the Sailing Instructions and any changes thereto. In the event of a conflict, the Sailing Instructions shall prevail.

1.2 Notices to Competitors

Notices to competitors will be posted on the Official Notice Board located at entrance to Tralee Bay S.C.

1.3 Changes To Sailing Instructions

Any change to the sailing instructions will be posted not later than two hours before the scheduled start of the first race so affected, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect. Flag L displayed on the club flagpole denotes that a competitor notice has been posted.

1.4 Signals Made Ashore

Signals made ashore will be displayed on the flagpole at the clubhouse. When flag AP is displayed ashore, "one minute" is replaced with "not less than 60 minutes" in race signal AP.

1.5 Hindering Boats - Starting/Finishing Lines

All boats shall avoid the starting lines until their warning signal.

Boats, having started and cleared their starting line, shall not re-cross that line whilst starts are in progress.

Boats shall not cross any other starting line at any time.

Boats shall not re-cross a finishing line, except to finish having completed a penalty.

The Protest Committee may penalise a boat failing to comply with this Sailing Instruction with a score of its discretion, including DNE.

1.6 Starting Time Limit

A boat starting later than 10 minutes after her starting signal will be scored DNS, Did Not Start. This changes RRS A4.1. & A5.

1.7 Allocation & Identification of Divisions & Fleets

The following pennants shall identify the divisions:

Division 0 - Numeral 0 Division 1 - Numeral 1 Division 2 - Numeral 2 Division 3 - Numeral 3
Corinthian Cup/WIORA White Sails - Numeral 5

The same numeral flags will be used by the Race Committee as the Division flag for each Division.

Boats shall display prominently their division pennants from their backstay at all times while racing. Any boat not doing so shall be scored DNF, this changes RRS A5.

The allocation of Divisions into fleets will be as follows:

Fleet 1
Division 0
Division 1

Fleet 2
Division 2
Division 3

Fleet 3
Corinthian Cup
WIORA White Sails

1.8 Schedule of Races:

Fleet	Wednesday 12th (WIORA ONLY)	Thursday 13th (ICRA & WIORA)	Friday 14th (ICRA & WIORA)	Saturday 15th (ICRA ONLY)
Fleet 1 VHF Channel 69	RTC X1 & Coastal First Gun 1255 Area 'B' & Area 'A' RO Alan Crosbie Committee Boat 'Cypher'	W/L X 2 First Gun 1055 Area 'C' RO Alan Crosbie Committee Boat 'Cypher'	RTC X 3 First Gun 1055 Area 'B' RO David Lovegrove Committee Boat 'Veinard'	W/L X 2 First Gun 1055 Area 'C' RO Alan Crosbie Committee Boat 'Cypher'
Fleet 2 VHF Channel 14	RTC X1 & Coastal First Gun 1255 Area 'A' RO David Lovegrove Committee Boat 'Veinard'	RTC X 2 First Gun 1055 Area 'B' RO David Lovegrove Committee Boat 'Veinard'	W/L X 3 First Gun 1055 Area 'C' RO Alan Crosbie Committee Boat 'Cypher'	RTC X 2 First Gun 1055 Area 'B' RO David Lovegrove Committee Boat 'Veinard'
Fleet 3 VHF Channel 8	Coastal First Gun 1255 Area 'A' RO Peter Moore Committee Boat 'Bo Peep'	RTC X 2 First Gun 1055 Area 'A' RO Peter Moore Committee Boat 'Bo Peep'	RTC X 3 First Gun 1055 Area 'A' RO Peter Moore Committee Boat 'Bo Peep'	RTC X 1 First Gun 1055 Area 'A' RO Peter Moore Committee Boat 'Bo Peep'

Notes:

- The Race Committee reserves the right to change the Schedule of Races, Courses or the number of Races to be sailed in a day
- RTC – Round The Cans W/L – Windward/Leeward
- The two events overlap – WIORA from Wednesday to Friday and ICRA from Thursday to Saturday.
- West Coast Championships' prizegiving on the FRIDAY night and ICRA Cruiser Nationals' prizegiving on the SATURDAY.
- Coastal races will finish at the club line at the Eastern end of the pier.
- On the last day of the Event no warning signal will be made after 1500.

1.9 Racing Areas

Attachment No. 1 shows the location of racing areas and the flags used to designate them. When on station the Committee Boat will broadcast it's position on the designated VHF channel for the relevant fleet.

1.10 Areas that are Obstructions

The following areas is designated as an obstruction: Fenit Lighthouse.

1.11 Time Limits

The Time Limit for all Round the Cans and Windward/Leeward races is 2.5 hours from the time of the valid start for each division. If a boat in a division finishes within this limit, the time limit for that division shall be extended by 30 minutes in that race. A boat, which fails to finish within the time limit, will be scored DNF. The Time Limit for Coastal Races is 4 hours. If a boat in a Division finishes within this limit, the Time Limit for that Division shall be extended by 60 minutes in that race. A boat which fails to finish within the time limit will be scored DNF. This changes RRS 35 and A4.1.& A5.

1.12 Protests

The Protest Time Limit is 90 minutes from the time of finish of the last boat, in the last race of the day, in the division concerned.

Protests and Requests for Redress shall be delivered to the Race Office within the Protest Time Limit. ISAF Protest Forms will be available at the Race Office located at Tralee Bay S.C..

Notices of protests by the Race Committee and the Protest Committee will be posted to inform boats under rule 61.1(b). This changes RRS 61.1(b). The listing of a boat on these schedules shall constitute informing her of a hearing under RRS 63.2. Parties involved shall present themselves and their witnesses at the time and place indicated on the schedules.

On the last scheduled day of racing a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day; no later than 30 minutes after the requesting party was informed of the decision on that day, this changes rule 66.

On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted, this changes rule 62.2.

The Protest Committee may decline to hear a request for redress against an OCS decision by the Race Committee if, in the sole opinion of the Protest Committee the request does not disclose evidence that is capable of amounting to an improper action or omission of the Race Committee, this changes RRS 63.1.

1.13 Scoring

Scoring shall be as per RRS Appendix A4, Low Point System. Three races are required to be completed to constitute a championship. ICRA Fleets 1 & 2 - seven races scheduled, no score shall be excluded. This amends RRS A2. ICRA Fleet 3 - six races scheduled, no score shall be excluded. This amends RRS A2. WIORA West Coast Championship - seven races scheduled, if six or more races are completed, one score shall be excluded. This amends RRS A2. WIORA White Sails - six races scheduled, if five or more races are completed, one score shall be excluded. This amends RRS A2.

1.14 Safety

The safety of a boat and her crew is the sole responsibility of the **person in charge** (RRS 46) who must do their best to ensure that the boat is fully found, thoroughly seaworthy, and manned by an experienced crew who have undergone appropriate training and are fit to face the conditions encountered. The person in charge must be satisfied as to the soundness of hull, spars, sails, rigging and all gear. The person in charge must ensure that all safety equipment is properly maintained and suitably stowed. The crew must be familiar with the use and position of such safety equipment. The person in charge accepts that the responsibility for a boat's decision to participate in a race or to continue racing is theirs alone. Neither these regulations nor any action of the OA in any way limits or reduces the exclusive responsibility of the owner or the person in charge.

The wearing of personal flotation devices is strongly recommended at all times

Competitors participate in the event entirely at their own risk - see Fundamental Rule 4, Decision to Race. ICRA, WIORA, Tralee Bay Sailing Club and their officers, servants and agents accept no responsibility whatsoever in respect of loss of life, personal injury or loss of or damage to property sustained in conjunction with or prior to, during or after the event.

1.15 Advertising

Boats shall display advertising supplied by the Organising Authority in accordance with Regulation 20.3(d)(i) on the forward part of the hull. Boats shall affix this advertising and ensure that it stays in place for the duration of the championship.

1.16 Radio Communications

Competitors are advised to keep a listening watch on their appropriate VHF Channel for the day where information relevant to racing may be broadcast. Should this information be broadcast, it shall not constitute outside assistance and shall not be the subject of any protest nor claim for redress. Failure to broadcast, or receive, this information shall not be the basis for any claim for redress.

Competitors who retire from a race shall inform the respective Committee Boat on the designated VHF Channel.

All Committee Boats will display the relevant VHF Channel on which it is transmitting race management information. Should a VHF Channel become inoperative, the relevant Committee Boat will display IC Flag R, accompanied by five short sound signals, and will then display an alternative VHF Channel that will be used, by that Committee Boat only, for race management information.

1.17 Prizes

ICRA Cruiser Nationals and Corinthian Cup

A daily prize will be awarded in each division. A prize will be awarded under IRC and under Echo but a boat shall not be awarded, on the same day an IRC and ECHO prize; the IRC prize shall take precedence.

Overall prizes will be awarded to the first three boats in each division and Corinthian Cup under IRC and Echo in addition to Perpetual Trophies. A team prize for the best club team will be awarded under Echo and IRC for the combined best score of 3 boats from the same club from any three divisions.

WIORA West Coast Championships

A daily prize will be awarded to first in division 0 and first and second for all other divisions of each race under both IRC and ECHO. Overall prizes will be awarded to the first 3 boats in each division under IRC and ECHO in addition to IRC Perpetual Cups and WIORA White Sails Cup. The "West Coast Champion" will be awarded to the boat, which has in the opinion of the Organising Authority, given the best performance under IRC.

1.18 Insurance

Each participating boat shall be adequately insured to cover all third party liability risks.

SECTION 2 - WINDWARD/LEEWARD: AREA C

2.1 Starting Area

The starting area will be approximately three miles North West of Fenit Lighthouse. When on station the Committee Boat will broadcast it's position on the designated VHF Channel for the relevant Fleet.

2.2 Starting Line

The starting line will be between the red and white pole on the Committee Boat at the starboard end and the port end inflatable mark. If an IDM is laid near the Committee Boat approximately on the starting line, it is a starting mark that shall be left on same side as the nearby Committee Boat. Boats whose Warning Signal has not been made shall avoid the Starting Area during the starting sequence for other races.

2.3 Starting Signals

Starts shall be in accordance with RRS 26, with starts at 5-minute intervals.

2.4 Course Configuration

Windward/Leeward: Start Mark - Port Mark 1 - Port Mark 2 - Port Gate - (Mark 3 - Starboard/Mark 4 - Port)

No later than the warning signal the Committee Boat may display the approximate compass bearing of the first leg. Every effort will be made to lay a leeward gate. In the event where this is not possible a single mark will be laid as a leeward mark and this mark shall be rounded to port.

2.5 Identification of Marks

All course marks will be orange Crewsaver marks.

2.6 The **course to be sailed for each division** will consist of a START, an indicated NUMBER of ROUNDS and FINISH which may be shown on a BLACKBOARD on the committee vessel prior to the START and will be announced on the designated VHF Channel for the relevant fleet.

2.7 Change of Course

When a change of course is required the Race Committee will relocate the mark(s). Minor adjustment to the configuration of the course will not be signalled. This changes RRS 33. A significant change of course will be signalled before the leading boat has begun the leg, although the new mark may not yet be in the new position. Any mark to be rounded after rounding the moved mark may be relocated without further signalling.

2.8 Shorten Course at Start/Finish line

If the race is to be shortened at the start/finish line, a signal boat will position itself at the preceding mark (mark 2 or leeward gate) and display Flag F with repetitive sound signals. Having rounded either mark 2 or the gate, boats shall proceed directly to the finishing line and cross the finishing line from the direction of the last mark. This is in addition to RRS 32.2.

2.9 Finishing Line

The finishing line will be between the red and white pole on the finishing vessel displaying a blue flag at the starboard end and the port end finishing mark. Except when finishing, boats shall not cross the finish line in either direction when the blue flag is displayed .

SECTION 3 - ROUND THE CANS COURSES: AREAS A & B

3.1 Starting Area

The starting area for Area "A" is approximately one mile South West of Fenit Lighthouse. The starting area for Area "B" is approximately three miles West of Fenit Lighthouse. When on station the Committee Boat will broadcast its position on the designated VHF Channel for the relevant Fleet.

3.2 Starting Line

The starting line will be between the red and white pole on the Committee Boat at the starboard end and the port end inflatable mark. If an IDM is laid near the Committee Boat approximately on the starting line, it is a starting mark that shall be left on the same side as the nearby Committee Boat.

3.3 Starting Signals

Starts shall be in accordance with RRS 26 with starts at 5-minute intervals.

3.4 COURSES

The course to be sailed will be notified on the VHF Channel for the relevant Fleet and will give the order in which the marks are to be rounded and on which hand prior to the Warning Signal, immediately after the Warning Signal, and may be repeated before the start.

The references and approximate positions of the marks are shown on the Course Card.

3.5 MARKS

Area "A" Marks are the Tralee Bay Sailing Club laid marks and are orange buoys with a black staff with orange flag attached (which are marked with letters). The references and approximate positions of the marks are shown on the Course Card. Area "B" Marks are Orange Crewsaver marks which are laid and numbered 1-5. The references and approximate positions of the marks are shown on the Course Card. An inflatable Orange Crewsaver mark "LIMA" may be laid each day and the position of this mark will be announced on VHF Channel for the relevant fleet before racing. The Race Officer may also lay an Orange Crewsaver mark "OSM", as a course mark and if used, position of this mark will be announced on VHF Channel for the relevant fleet before racing.

3.6 FINISHING LINE

The finish, unless shortened, shall be to windward of the last mark of the course. The finishing line, unless shortened, will be between the red and white pole on the finishing vessel displaying a blue flag at the starboard end and the port end finishing mark which will be a dan buoy. Except when finishing, boats shall not cross the finish line in either direction when the blue flag is displayed.

SECTION 4 - Coastal Race

4.1 Starting Area

The starting area for all fleets will be in Area A. When on station the Committee Boat will broadcast its position on the designated VHF Channel.

4.2 Starting Signal

Starts shall be in accordance with RRS 26 with starts at 5 minute intervals.

4.3 Courses

The courses to be sailed will be notified on the VHF Channel for the relevant fleet.

The references and approximate positions of the marks are shown on the Course Card. The order on which the marks are to be rounded and on which hand will be broadcasted on the appropriate VHF Channel before the Warning Signal and repeated before the start and will be displayed on a board on the Signal Vessel. The course applicable to each race will be displayed for not less than four minutes before its start, this changes RRS 27.1

4.4 Marks

Marks will be Area A and Area B marks previously described contained on the course card. These will be used together with other natural features i.e. Mucklaghmore, Maharees Islands etc.

4.5 Finishing Line

The finish, unless shortened shall be a red and white pole at the South East corner of Fenit Pier and the outer distance mark (ODM) which is an orange buoy with a black staff and orange flag, located approximately 100m South of the Pier.